SM5/SC5 Touch Screen Console Quick Reference Sheet



1. How to Access the Maintenance Menu

- A. Touch the upper left corner of the touchscreen.
- B. Touch the upper right corner of the touchscreen.
- C. Touch the Stairmaster logo in the middle of the touchscreen.
- D. The Maintenance Screen will display.

2 Maintenance Screen

MAINTENA	ANCE	
DEFAULTS		
	\bigcirc	MAINTENANCE LOGS
	\bigcirc	CONFIGURATION
R AND D	\bigcirc	UTILITIES
		Exit

3 Defaults

The Default screen allows the user to customize the defaults for Quick Start.

Defaults are

Weight – 173 Workout Time 20 Minutes Age 35 Target HR% 80 Start Level 1 Step Rate 20 Min



4 Customize

Change Units - Allows the user to change the Units Metric/English Languages – Allows the user to change 8

different Languages: English, German, Italian, Dutch, French. Portuguese, Spanish, Japanese.



5 Machine Status

Maintenance Status shows the Run Hours, Workouts, Floors, Unit Configuration Stepmill/Stepclimber, and Maintenance Hours on the left side. All Processor, software etc is located on the right side.



6 R and D is not Available.

7 Diagnostics

Diagnostics contains: Alt Test On/Off – Alternator test Tach Test 2000 Desired 0000Actual Heart Rate Test

DIAGNOSTICS
ALTERNATOR TEST
TACH TEST
HEART RATE TEST
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8 Maintenance Logs

Maintenance records Location 5 Slots



9 Configuration

Equipment Type – StepMill/StepClimber Max Time 20- 180 CSAFE Cursor On/Off – allows screen cursor



10 Utilities

TV Tuner Setup – TV configuration/Setup Load Software - Software load point USB Touch Screen Calibration – used to setup initial touch screen position Reset Configuration Resets configuration to factory

Real Time Clock set up unit clock Day and Date

UTILITIES		REAL TIME CLOCK						
TV TUNER SETUP		E	INITIALIZE RTC					
	RESET CONFIGURATION	Press the button above to initialize the real time clock. To set the real time clock, use the up and down buttons to adjust the value and the cloth button to advance.			ck. tons			
LOAD SOFTWARE	SETUP REAL TIME CLOCK		Save occurs when MINUTE value is set.					
Software Load Status								
Do not remove USB stick.			YEAR	MONTH	DAY	HOUR	MINUTE	
power while application is loading.		V	2011	8	31	10	34	

11 TV Tuner Setup

- A. Standard setup
- B. DTVCable should be set

Press Scan button to scan for channel Control Menu allows additional channels, additional volume controls Screen positioning



Programs Available









Building Floors Option

USB/Sound Jack



CSAFE Connection

