



COMPOUND ROW



SEATED CALF



OVERHEAD PRESS



LAT PULLDOWN



INCLINE PRESS



VERTICAL CHEST



LEG PRESS



BICEP CURL



LEG CURL PRONE



INCLINE LEG PRESS



DEAD LIFT / SHRUG



TRICEP EXTENSION



SEATED DIP



LEG EXTENSION

PARTS DIAGRAM

SEATED DIP

19-5229

REVISED:
March 28, 2006

PARTS AND SERVICE u 709 Powerhouse Road u Independence,
VA 24348

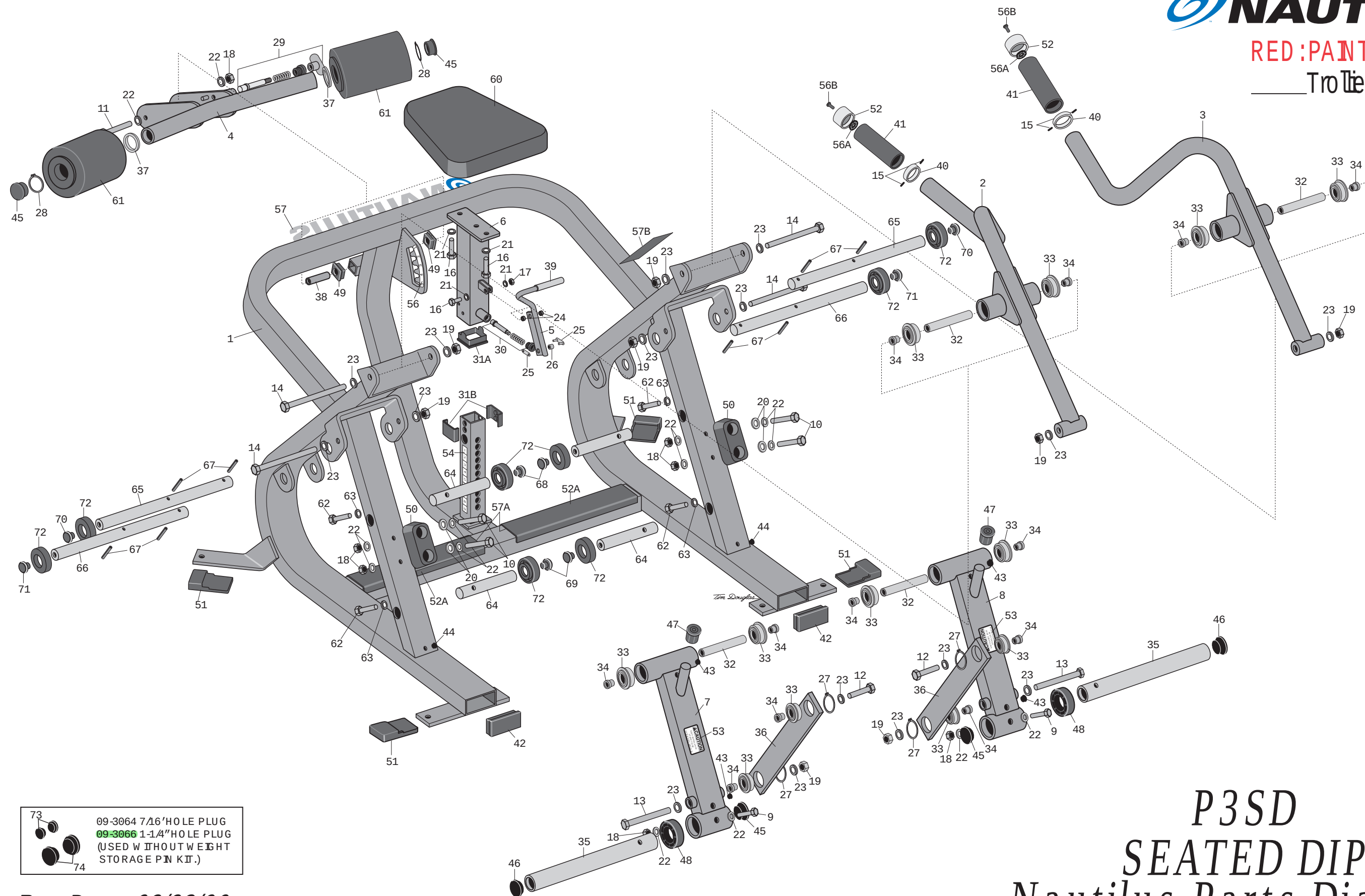
SERIAL # _____
through _____



COMP#	COMPONENT DESCRIPTION
1 ...BSF331	...BASEFRAME P3SD
2 ...MA340	...MOVEMENT ARM P3SD LEFT
3 ...MA341	...MOVEMENT ARM P3SD RIGHT
4 ...HB326	...HANDLEBAR P3SD ROLLER PAD MOUNT
5 ...HB327	...HANDLEBAR P3SD SEAT ADJ.HANDLE
6 ...SE327	...SEAT P3SD ADJUSTABLE SEAT
7 ...WA331	...WEIGHT ARM LEFT P3CR
8 ...WA332	...WEIGHT ARM RIGHT P3CR
9 ...01-0011	...BOLT HH5 1/2 X 3
10 ...01-1351	...BOLT HH5 1/2 X 3 1/4
11 ...01-1565	...BOLT HH5 1/2 X 5
12 ...01-2220	...BOLT HH5 5/8 X 4 1/2
13 ...01-2240	...BOLT HH5 5/8 X 5 1/2
14 ...01-2283	...BOLT HH5 5/8 X 8 5/8 CUT-OFF
15 ...02-3055	...1/4-28 X 1/4 SET SCREW
16 ...02-9220	...BOLT HH5 3/8 X 1 1/4
17 ...03-1035	...3/8-16 LOCK NUT
18 ...03-1055	...1/2-13 LOCK NUT
19 ...03-1067	...5/8-11 LOCK NUT
20 ...04-5207	...1/2 FLAT WASHER
21 ...04-5213	...3/8 INT LOK WASHER
22 ...04-5214	...1/2 LOCK WASHER
23 ...04-5215	...5/8 LOK WASHER
24 ...05-5119	...BUSHING BUS MFD608-03 3/8"D
25 ...06-2010	...LNK CHAN SINGLE COUPLE
26 ...06-3070	...CBR # 12
27 ...06-8166	...SNAP RING 1.875 D BASIC EXTERNAL 51-187
28 ...06-8285	...SNAP RING INTERNAL 1.34
29 ...07-4124	...PULL PIN ASSEMBLY (STRAIGHT)
30 ...07-4126	...SELECTOR PIN MADE FROM 07-4125 ASSEMBLY
31 ...07-5064	...203 BEARING
31A ...07-9286	...SLIDE CAP PLASTIC
31B ...07-9287	...SLIDE CAP END
32 ...07-9605	...BEARING SLEEVE 1.0D X 5.33,64 L
33 ...07-9607	...BEARING CUPS WITH BEARINGS
34 ...07-9610	...BEARING SPACERS
35 ...07-9625	...WEIGHT TUBE 1.78 X 25W TUBE X 16" LONG
36 ...07-9698	...1/2 X 2 1/2 X 18.39,64" L CONTROL LINK
37 ...08-2058	...BLACK NYLON SPACER 1.760D X 2.11,64" OD X 1.30 L
38 ...08-5067	...SLEEVE
39 ...09-1004	...1/2 X 3 CLOSED END GRP (YELLOW)
40 ...09-9555	...GRP RING ALUMINUM (FOR 1 3/4 DIA BAR)
41 ...09-1116	...1.780 X 5 1/2 OPEN END GRP
42 ...09-3055	...2 X 4 FRAME PLUG
43 ...09-3064	...HOLE PLUG 1/2 DIA WHITE
44 ...09-3065	...HOLE PLUG 9/16 DIA WHITE
45 ...09-3090	...HOLE PLUG BLACK
46 ...09-3091	...HOLE PLUG YELLOW
47 ...09-4060	...1" D RUBBER BUMPER #20
48 ...09-4064	...WEIGHT STORAGE, 1.875 D X 3/4 X 3" OD RUBBER
49 ...09-4077	...SQUARE BUSHINGS
50 ...09-5010	...DOCK BUMPER
51 ...09-5045	...NEW RECTANGULAR FOOTPAD
52 ...09-9525	...GRP CAP ALUMINUM (FOR 1 3/4 DIA BAR)
52A ...09-9169	...PVC CHANNEL 1 1/4 X 3 1/2 X 15 1/4" L
53 ...12-1026	...KEEP HANDS AWAY (YELLOW)
54 ...12-1104	...DECAL SEAT BLACK 1-11 (1" INC. USE 1-8)
55 ...12-1380	...INSPECTION STICKER DECAL
56 ...12-1192	...THIGH PAD PIVOT DECAL
56A ...09-9620	...TUBE INSERT

COMP#	COMPONENT DESCRIPTION
56B ...02-2290	...1/4 X 1 AFH SCREW
57 ...12-1185	...NAUTILUS LOGO DECAL
57A ...19-1014	...2" DOUBLE-SIDED TAPE
57B ...12-5361	...INSTRUCTIONAL PLACARD P3SD
58 ...19-1291	...DECAL SERIAL # BAR CODE
59 ...19-5229	...PARTS DIAGRAM 'P3SD'
60 ...JP8080	...SEAT BOTTOM PAD
61 ...JP9955	...ROLLER PAD
	WEIGHT STORAGE PARTS KIT (P3SD)
62 ...01-1105	...BOLT HH5 3/8 X 1 1/2
63 ...04-5213	...3/8 INT LOK WASHER
64 ...07-9701	...WEIGHT STORAGE PIN 1 1/4 DIA CR X 6 3/4" LONG
65 ...07-9702	...WEIGHT STORAGE PIN 1 1/4 DIA CR X 16 1/2" LONG
66 ...07-9703	...WEIGHT STORAGE PIN 1 1/4 DIA CR X 16 1/4" LONG
67 ...07-7010	...PIN ROLL 1/4 X 1
68 ...09-4000	...P3 NUMBER PLUG 5 b
69 ...09-4001	...P3 NUMBER PLUG 10 b
70 ...09-4002	...P3 NUMBER PLUG 25 b
71 ...09-4003	...P3 NUMBER PLUG 45 b
72 ...09-4066	...WEIGHT STORAGE, 1 1/4 D X 3/4 X 3" OD RUBBER
73 ...09-3064	...7/16" WHITE HOLE PLUG
74 ...09-3065	...1 1/4" WHITE HOLE PLUG

RED : PAINTED ITEMS
 _____ Trolleys / Machine



73 09-3064 7/16" HOLE PLUG
 09-3066 1-1/4" HOLE PLUG
 (USED WITHOUT WEIGHT
 STORAGE PIN KIT.)

Last Rev Date: 03/28/06

P3SD SEATED DIP Nautilus Parts Diagram