

MATERIAL SAFETY DATA SHEET

1. Product and Company Identification

Product number 948-001
Product name **Gympartblast Cycle Blast**
Effective date 02-Nov-2009
Company information National Gym Supply
8511 Steller Drive
Culver City, CA 90232 United States
Company phone General Assistance 310-280-0931
Emergency telephone US 1-866-836-8855
Emergency telephone outside US 703-527-3887
Version # 04
Supersedes date 08-Feb-2008

2. Hazards Identification

Emergency overview FLAMMABLE
CONTENTS UNDER PRESSURE. Aerosol. Contact with eyes may cause irritation.
Prolonged exposure may cause chronic effects.

Potential health effects

Routes of exposure Skin contact. Ingestion.

Eyes Contact with eyes may cause irritation.

Skin Prolonged or repeated contact can result in defatting and drying of the skin which may result in skin irritation and dermatitis (rash).

Inhalation Intentional misuse by concentrating and inhaling the product can be harmful or fatal. Prolonged inhalation may be harmful.

Ingestion Exposure by ingestion of an aerosol is unlikely. May cause delayed lung damage. Components of the product may be absorbed into the body by ingestion.

Target organs Central nervous system. Lungs. Respiratory system.

Chronic effects May cause central nervous system disorder (e.g., narcosis involving a loss of coordination, weakness, fatigue, mental confusion, and blurred vision) and/or damage. May cause delayed lung damage.

Signs and symptoms Discomfort in the chest. Narcosis. Defatting of the skin. Irritation.

3. Composition / Information on Ingredients

| Components | CAS # | Percent |
|--|------------|---------|
| n-Butane | 106-97-8 | 50 - 60 |
| Propane | 74-98-6 | 20 - 30 |
| Odorless Mineral Spirits | 64742-48-9 | 10 - 15 |
| Non-hazardous and other components below reportable levels | | 1 - 3 |

4. First Aid Measures

First aid procedures

Eye contact Rinse with water.

Skin contact Wash off with warm water and soap.

Inhalation If symptoms develop move victim to fresh air. If symptoms persist, get medical attention.

Ingestion Rinse mouth. Induce artificial respiration with the aid of a pocket mask equipped with a one-way valve or other proper respiratory medical device. Call a physician immediately.

5. Fire Fighting Measures

Flammable properties Vapor or gas may spread to distant ignition sources and flash back. Runoff to sewer may cause fire or explosion hazard.

Extinguishing media**Suitable extinguishing media** Foam. Dry chemical. Carbon dioxide (CO2). Do not use water jet.**Protection of firefighters****Specific hazards arising from the chemical** Fire may produce irritating, corrosive and/or toxic gases.**Protective equipment and precautions for firefighters** In the event of fire and/or explosion do not breathe fumes. Containers should be cooled with water to prevent vapor pressure build up.**6. Accidental Release Measures****Methods for containment** Stop leak if you can do so without risk. Move the cylinder to a safe and open area if the leak is irreparable. Stop the flow of material, if this is without risk. Prevent entry into waterways, sewers, basements or confined areas.**Methods for cleaning up** Should not be released into the environment. Use a non-combustible material like vermiculite, sand or earth to soak up the product and place into a container for later disposal.

Small Spills: Wipe up with absorbent material (e.g. cloth, fleece). Clean contaminated surface thoroughly.

7. Handling and Storage**Handling** Pressurized container: Do not pierce or burn, even after use. Do not use if spray button is missing or defective. Wear personal protective equipment. Avoid prolonged exposure.**Storage** Level 3 Aerosol.
Contents under pressure. Do not puncture, incinerate or crush. Keep away from heat, sparks, and flame. Avoid exposure to long periods of sunlight. Store in cool place. Keep out of the reach of children. Do not store, incinerate, or heat this material above 120 degrees Fahrenheit.**8. Exposure Controls / Personal Protection****Exposure limits****ACGIH**

| Components | CAS # | TWA | STEL | Ceiling |
|------------|----------|----------|-----------------|-----------------|
| n-Butane | 106-97-8 | 1000 ppm | Not established | Not established |
| Propane | 74-98-6 | 1000 ppm | Not established | Not established |

OSHA

| Material | CAS # | TWA | STEL | Ceiling |
|------------------------------------|---------|----------|-----------------|-----------------|
| Heat Stable Silicone Release Agent | Mixture | 15 mg/m3 | Not established | Not established |

Components

| Components | CAS # | TWA | STEL | Ceiling |
|------------|---------|----------|-----------------|-----------------|
| Propane | 74-98-6 | 1000 ppm | Not established | Not established |

Personal protective equipment**Skin protection** Wear appropriate chemical resistant gloves. Wear appropriate chemical resistant clothing.**Respiratory protection** No personal respiratory protective equipment normally required. If permissible levels are exceeded use NIOSH mechanical filter / organic vapor cartridge or an air-supplied respirator.**9. Physical & Chemical Properties**

Appearance Compressed liquefied gas.
Boiling point -5.8 °F (-21.1 °C) estimated
Color Colorless.
Flammability (HOC) 42.0605 kJ/g estimated
Flash back Yes
Flash point -156 °F (-104.4 °C) Propellant

| | |
|-------------------------|-------------------|
| Form | Aerosol. |
| Odor | Solvent. |
| pH | Not applicable |
| Physical state | Gas. |
| Pressure | 60 - 70 psig @70F |
| Solubility | Negligible |
| Specific gravity | 0.582 |

10. Chemical Stability & Reactivity Information

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| Chemical stability | Risk of ignition. |
| Conditions to avoid | Heat, flames and sparks. |
| Incompatible materials | None known. |
| Hazardous decomposition products | No hazardous decomposition products are known. |

11. Toxicological Information

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| Acute effects | Acute LD50: 18877 mg/kg estimated, Rat, Dermal |
| Component analysis - LD50 | |
| Toxicology Data - Selected LD50s and LC50s | |
| n-Butane | 106-97-8 Inhalation LC50 Rat 658 mg/L 4 h |
| Odorless Mineral Spirits | 64742-48-9 Oral LD50 Rat >5000 mg/kg; Dermal LD50 Rabbit >3160 mg/kg |
| Propane | 74-98-6 Inhalation LC50 Rat 658 mg/L 4 h |
| Sensitization | Not expected to be hazardous by OSHA criteria. |
| Teratogenicity | Not expected to be hazardous by OSHA criteria. |

12. Ecological Information

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| Ecotoxicity | LC50 18333 mg/L estimated, Fish, 96.00 Hours, Components of this product have been identified as having potential environmental concerns. |
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13. Disposal Considerations

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|------------------------------|--|
| Waste codes | D001: Waste Flammable material with a flash point <140 F |
| Disposal instructions | Contents under pressure. Dispose of this material and its container at hazardous or special waste collection point. Do not incinerate sealed containers. Do not allow this material to drain into sewers/water supplies. If discarded, this product is considered a RCRA ignitable waste, D001. Dispose in accordance with all applicable regulations. |

14. Transport Information

Department of Transportation (DOT) Requirements

Basic shipping requirements:

| | |
|--------------------------------|--------------------|
| Proper shipping name | Consumer commodity |
| Hazard class | ORM-D |
| Subsidiary hazard class | None |
| Additional information: | |
| Packaging exceptions | 156, 306 |
| Packaging non bulk | 156, 306 |
| Packaging bulk | None |
| ERG number | 170 |

IMDG**Basic shipping requirements:**

Proper shipping name AEROSOLS
Hazard class 2.1
UN number 1950
Additional information:
Packaging exceptions LTD QTY
Item 5F
Labels required None
Transport Category 2

**IATA****Basic shipping requirements:**

Proper shipping name Aerosols, flammable
Hazard class 2.1
UN number 1950
Additional information:
Packaging exceptions LTD QTY
Labels required 2.1



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| 15. Regulatory Information |
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US federal regulations This product is a "Hazardous Chemical" as defined by the OSHA Hazard Communication Standard, 29 CFR 1910.1200.
 CERCLA/SARA Hazardous Substances - Not applicable.

Occupational Safety and Health Administration (OSHA)

29 CFR 1910.1200 hazardous chemical Yes

CERCLA (Superfund) reportable quantity

None

Superfund Amendments and Reauthorization Act of 1986 (SARA)

Hazard categories Immediate Hazard - Yes
 Delayed Hazard - No
 Fire Hazard - Yes
 Pressure Hazard - Yes
 Reactivity Hazard - No

Section 302 extremely hazardous substance No

Section 311 hazardous chemical Yes

Inventory status

| Country(s) or region | Inventory name | On inventory (yes/no)* |
|-----------------------------|--|------------------------|
| China | Inventory of Existing Chemical Substances in China (IECSC) | Yes |
| Europe | European Inventory of New and Existing Chemicals (EINECS) | Yes |
| Europe | European List of Notified Chemical Substances (ELINCS) | No |
| Japan | Inventory of Existing and New Chemical Substances (ENCS) | Yes |
| Korea | Existing Chemicals List (ECL) | Yes |
| United States & Puerto Rico | Toxic Substances Control Act (TSCA) Inventory | Yes |

A "Yes" indicates that all components of this product comply with the inventory requirements administered by the governing country(s)

State regulations**U.S. - Pennsylvania - RTK (Right to Know) List**

| | | |
|--------------------------|------------|---------|
| n-Butane | 106-97-8 | Present |
| Odorless Mineral Spirits | 64742-48-9 | Present |
| Propane | 74-98-6 | Present |

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| 16. Other Information |
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Further information HMIS® is a registered trade and service mark of the NPCA.

HMIS® ratings

Health: 1
Flammability: 4
Physical hazard: 0

Disclaimer

The information provided in this Safety Data Sheet is correct to the best of our knowledge, information and belief at the date of its publication. The information given is designed only as a guidance for safe handling, use, processing, storage, transportation, disposal and release and is not to be considered a warranty or quality specification. The information relates only to the specific material designated and may not be valid for such material used in combination with any other materials or in any process, unless specified in the text.

MSDS sections updated

This document has undergone significant changes and should be reviewed in its entirety.

Prepared by

Regulatory Compliance