# Life Fitness 9100 Series Heartrate and Telemetry Equipped Treadmills How To... REMOVE AND REPLACE THE HANDRAILS

Tools Required: Phillips screwdriver, hex key wrench set, socket and ratchet set

# Step 1

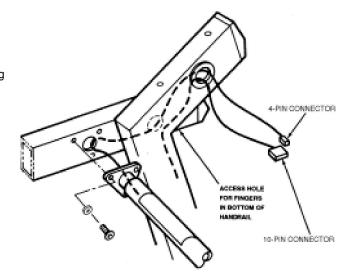
Turn the power OFF at the ON/OFF switch and by unplugging the machine at the electrical outlet.

#### Step 2

Remove the DISPLAY CONSOLE (See "How To...").

#### Step 3

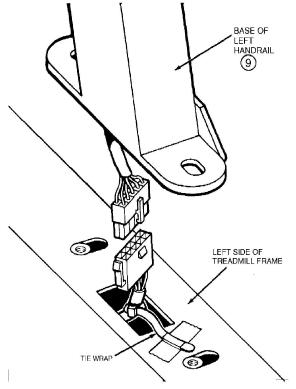
Loosen and remove the three SCREWS securing the HANDLEBAR FLANGE to the HANDRAIL you are replacing.



# Step 4

To replace the *RIGHT HANDRAIL* simply remove the two BOLTS from the base of the worn HANDRAIL and lift it away from the machine. Proceed to Step 5.

To replace the *LEFT HANDRAIL* remove the two BOLTS from the base of the worn HANDRAIL and *very carefully* tilt the HANDRAIL away from the machine to allow removal of the HANDLEBAR HEART RATE WIRE HARNESS from the top of the HANDRAIL. **Slowly** lift the HANDRAIL and unplug the 10 PIN CONNECTORS located between the base of the HANDRAIL and the Treadmill FRAME. Set the HANDRAIL down away from the machine.



#### Step 5

If you have removed the *LEFT HANDRAIL*, carefully withdraw the DISPLAY WIRE HARNESS from the worn HANDRAIL and transfer it to the new HANDRAIL.

### Step 6

Remove the two HANDRAIL ENDCAPS from the worn HANDRAIL and transfer them to the new HANDRAIL (if not included.

## Step 8

Reverse Steps 1 through 4 to return all parts to their proper position.

NOTE: BE CAREFUL NOT TO PINCH ANY WIRES BETWEEN PARTS DURING ASSEMBLY OF THE TREADMILL.