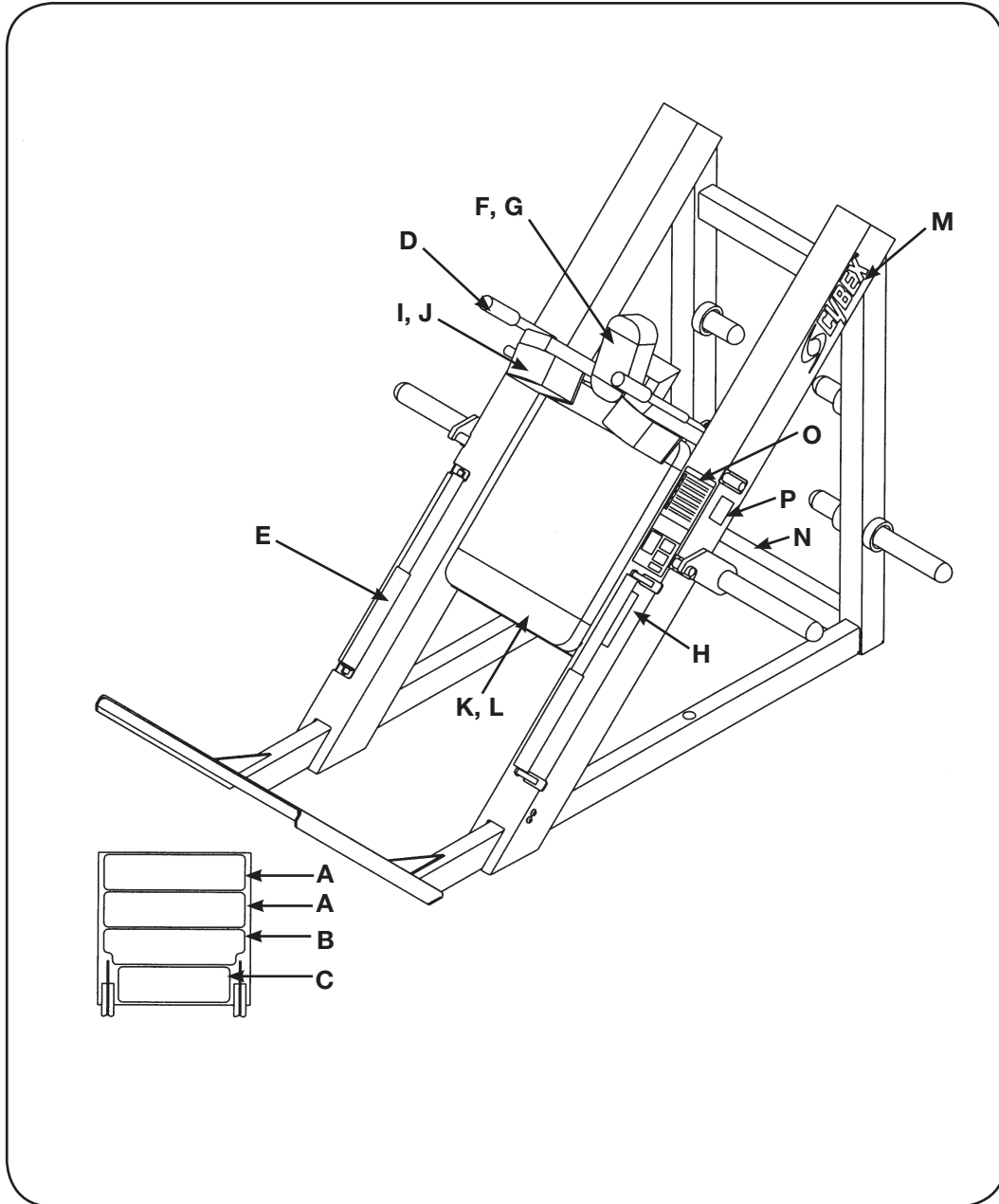


# HACK SQUAT

PRODUCT NO. 5330



DESCRIPTION	PART NO.	DESCRIPTION	PART NO.
A. Non-Slip Fabric .....	5320-300	J. Wear Cover (Item I) .....	4800-101
B. Non-Slip Fabric .....	5330-300	K. Back Cushion	
C. Non-Slip Fabric .....	5330-301	w/Wear Cover .....	01034
D. Hand Grip .....	4605-501	L. Wear Cover (Item K).....	5330S055-0
E. Hand Grip .....	PR400200	M. Cybex Decal <b>Black</b> .....	3900-447
F. Head Cushion		M. Cybex Decal <b>Silver</b> .....	3900-448
w/Wear Cover .....	01215	N. Serial Number Decal	
G. Wear Cover (Item F) .....	4800-058	O. Placard .....	5320-347
H. Warning Decal .....	5220-364	P. Caution Decal .....	5220-337
I. Shoulder Cushion			
w/Wear Cover .....	4800-101		

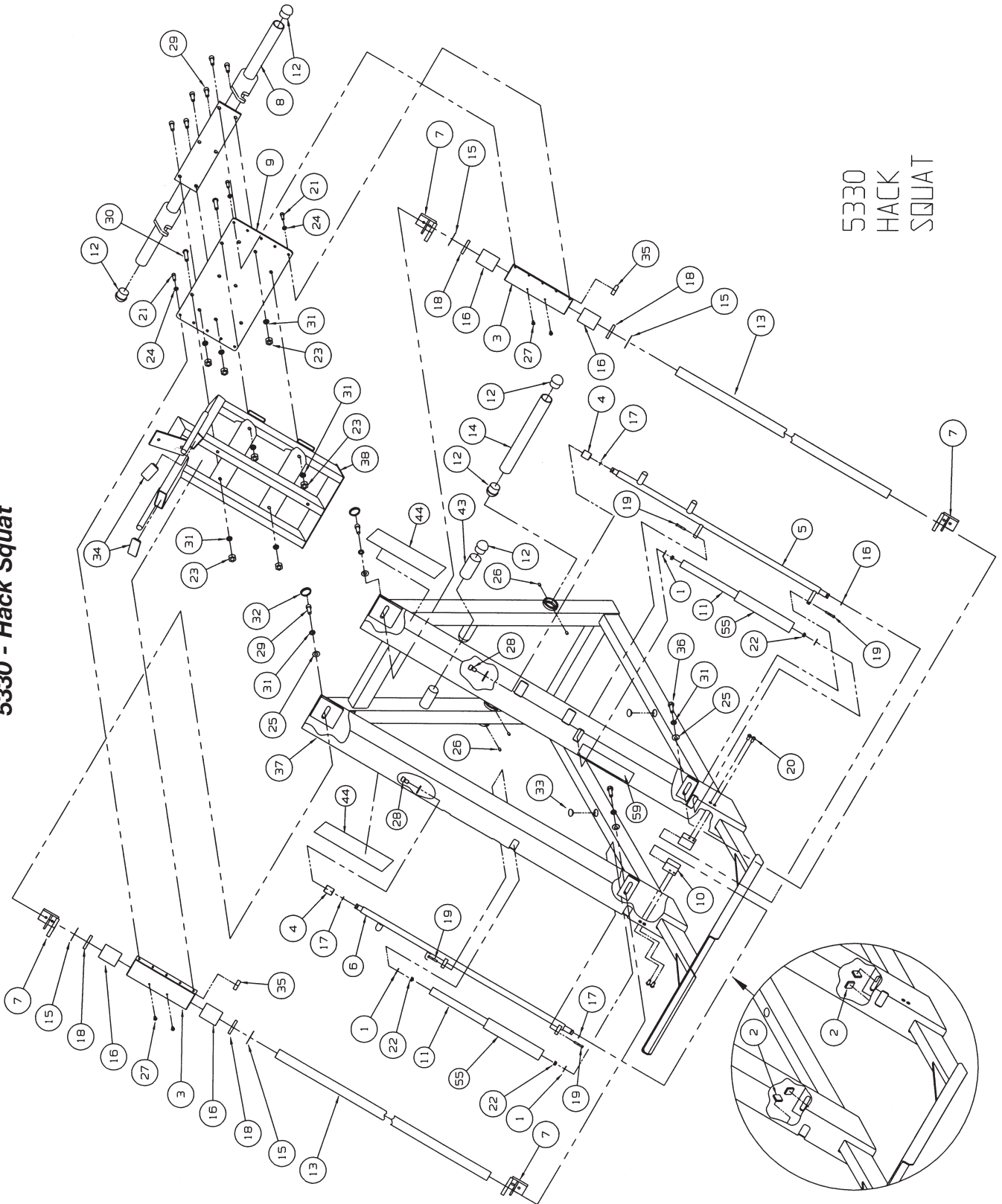
**Cybox Plate Loaded Owner's Manual**

**5330 - Hack Squat**

ITEM	QTY	PART NO.	DESCRIPTION
1	4	4050M048	Nylon Washer .312
2	4	4113M064	Bumper
3	2	5320-204	Bearing Sleeve
4	2	5330-332	Stop Rod Collet
5	1	5330-201	Stop Rod (Left Hand)
6	1	5330-202	Stop Rod (Right Hand)
7	4	5321-303	Pillow Block
8	1	5330-204	Weight Bar
9	1	5330-309	Slide Plate
10	2	5330-312	Stop Block
11	2	5330-313	Handle Tube
12	8	5330M040	Plug
13	2	5330-328	Shaft 1.50 Dia. x 54.00 L
14	2	5330P029	Weight Tube
15	4	BR030203	Linear Bearing Retaining Ring 1.50
16	4	FB110200	Linear Bearing 1.50
17	4	FS100006	O-Ring
18	4	FS110200	Linear Bearing Seal 1.50
19	6	JC620422	BHSCS .250-20 x 1.50
20	4	HC700415	BHSCS .375-16 x .75
21	10	HC702817	SHCS .375-16 x 1.00
22	6	HF449063	Insert
23	10	HN784000	Hex Nut .500-13
24	10	HS348300	Split Lockwasher .375
25	4	HS387700	Washer SAE .50
26	8	HY622910	Set Screw .250-20 x .375
27	4	JC660412	BHSCS .312-18 x .50
28	2	JC782815	SHCS .500-13 x .75
29	8	JC782820	SHCS .500-13 x 1.25
30	4	JC780426	BHSCS .500-13 x 2.00
31	14	JS388300	Split Lockwasher .50
32	2	PP080201	Plastic Insert 1.75 Dia. x 11 G
33	2	PP080202	Plastic Insert 1.19 Dia. x 11 G

ITEM	QTY	PART NO.	DESCRIPTION
34	2	PP090202	Plastic Insert 1.50 x 3.00 x 11 G
35	2	PU060201	Bumper
36	2	JC781222	HHCS .500-13 x 1.50
37	1	5330-200	Frame
38	1	5330-205	Carriage
39	2	JC700434	BHSCS .375-16 x 3.00
40			Removed
41	4	JC700930	FHSCS .375-16 x 2.50
42	2	JC700920	FHSCS .375-16 X 1.25
43	2	5330P012	Weight Tube 5.00
44	2	3900-447	Cybox Decal 1.94 Horiz. <b>Black</b>
44	2	3900-448	Cybox Decal 1.94 Horiz. <b>Silver</b>
44			Removed 7-03
45	2	5320-300	Non-Slip Fabric
46	1	5330-300	Non-Slip Fabric
47	1	5330-301	Non-Slip Fabric
48	6	5220-367	Spacer
49	1	01215	Head Cushion with Wear Cover
50	1	4899-087	Wear Cover
51	2		Shoulder Cushion with Wear Cover
52	2	4899-101	Wear Cover
53	1	01034	Back Cushion with Wear Cover
54	1	5330S055-0	Wear Cover
55	4	PR400200	Hand Grip 14" Long
56	2	4605-501	Hand Grip 4.78" Long
57	1	5330-316	Placard Decal
58	2	5220-337	Caution Decal
59	1	5220-364	Warning Decal
60	1	5330-317	Instruction Sheet (not shown)
61	2	11090-374	End Cap
62	2	11090-376	Handle Grip Ring
63	1	51198	Strength Warranty Sheet (not shown)
64	2	JS347400	Internal Tooth Lockwasher

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